

JANUARY (HAPPINESS) SOCIAL MEDIA POSTS

If you're happy and you know it, eat your produce! If you're happy and you know it, eat your produce! If you're happy and you know it, then your face will surely show it, if you're happy and you know it, eat your produce! #MoreHappinessMatters

Hooray for more ways to add #fruits and #veggies to your day! Fresh, frozen, canned, dried, & 100% juice all hold nutritional value! Learn more --> <http://ow.ly/7nKD30hOAJQ> #MoreHappinessMatters

Whip up these Asian Mango & #ChickenWraps, and you'll have a table full of 'happy plates' (empty plates): <http://ow.ly/ewml30hOBzR> #IssaWrap #dinner #dinnertime #NomNom #yum #delicious #healthy #MoreHappinessMatters

Whenever there's #pizza involved, we're happy! But when we have pizza for #dessert, it makes us even happier! Try this #Blueberry Dessert Pizza: <http://ow.ly/4BDe30hOBV5> #MoreHappinessMatters

Not having a good day? This #Cantaloupe #SmoothieBowl will be sure to turn that frown upside down: <http://ow.ly/PAbR30hWbdS> #MoreHappinessMatters

These Strawberry #Crepes w/Greek Yogurt Creme will have the fam jumping for joy! <http://ow.ly/lz0X30hOOSK> #MoreHappinessMatters

Color + variety + nutrients + flavor + fruits + veggies = HAPPINESS! Here's how to create a rainbow on your plate --> <http://ow.ly/5f9D30hOPPy> #MoreHappinessMatters

Got picky eaters at home? How happy does it make you to know your fam is getting the nutrients they need? Check out these tips --> <http://ow.ly/WJir30hQERE> #MoreHappinessMatters

“Satisfaction guaranteed” when your body gets the nutrients it needs! Learn more about the key nutrients in fruits and veggies --> <http://ow.ly/2hT930hQF15> #MoreHappinessMatters

Sweet tooth...satisfied! This #Kiwifruit #Cobbler will have you smiling from ear to ear! <http://ow.ly/6s9U30hQFrL> #MoreHappinessMatters

\$aving money always makes us happy, especially when you can feed a family of 4 for less than \$10 -- can't beat that! <http://ow.ly/MEkQp> #MoreHappinessMatters

We know just how to get the taste buds dancing! Enjoy a tasty Kale & Pinata Apple Salad w/Orange-Coconut Yogurt Dressing: <http://ow.ly/Wtov30eNjjj> #MoreHappinessMatters

Busy schedule? We've got quick & tasty meals that'll make the whole family happy! <http://ow.ly/Ubx6302BwhM> #MoreHappinessMatters