

Salad Bar Tracker

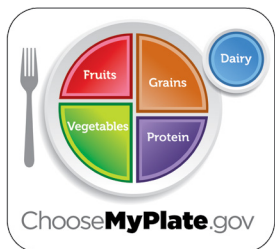
This month is:

Kid's Age	Cup Recommendation
2-3	2-3 cups/day
4-13	3-5 cups/day

DIRECTIONS: Color or place a sticker in the circle for each day you have eaten from the salad bar. At the end of the week, total them up to see how well you've done!



	s	m	t	w	th	f	s	
Week 1	<input type="checkbox"/> daily total	<input type="checkbox"/> daily total	<input type="checkbox"/> daily total	<input type="checkbox"/> daily total	<input type="checkbox"/> daily total	<input type="checkbox"/> daily total	<input type="checkbox"/> daily total	= <input type="checkbox"/> weekly total
Week 2	<input type="checkbox"/> daily total	<input type="checkbox"/> daily total	<input type="checkbox"/> daily total	<input type="checkbox"/> daily total	<input type="checkbox"/> daily total	<input type="checkbox"/> daily total	<input type="checkbox"/> daily total	= <input type="checkbox"/> weekly total
Week 3	<input type="checkbox"/> daily total	<input type="checkbox"/> daily total	<input type="checkbox"/> daily total	<input type="checkbox"/> daily total	<input type="checkbox"/> daily total	<input type="checkbox"/> daily total	<input type="checkbox"/> daily total	= <input type="checkbox"/> weekly total
Week 4	<input type="checkbox"/> daily total	<input type="checkbox"/> daily total	<input type="checkbox"/> daily total	<input type="checkbox"/> daily total	<input type="checkbox"/> daily total	<input type="checkbox"/> daily total	<input type="checkbox"/> daily total	= <input type="checkbox"/> weekly total
Week 5	<input type="checkbox"/> daily total	<input type="checkbox"/> daily total	<input type="checkbox"/> daily total	<input type="checkbox"/> daily total	<input type="checkbox"/> daily total	<input type="checkbox"/> daily total	<input type="checkbox"/> daily total	= <input type="checkbox"/> weekly total



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