

# On quick trips to the store, you can still shop smart!

Check out the ready-to-eat and ready-to-use options such as:

- Pre-cut veggies
- Pre-washed bagged salads
- Pre-cut fruits
- Canned and frozen items that can be reheated quickly.



fruits & veggies  
**more  
matters**<sup>®</sup>

For more information, visit  
[www.fruitsandveggiesmorematters.org](http://www.fruitsandveggiesmorematters.org)