

# SEPTEMBER IS



# MONTH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>FRESH</b>	1 Asian Pear Butternut Squash	2 Kiwifruit Mushrooms	3 Kumquats Jalapeno Peppers	4 Passionfruit Belgian Endive	5 Banana Brussels Sprouts	6 Apples Turnip	7 Pomegranate Cherry Tomatoes
<b>FROZEN</b>	8 Strawberries Spinach	9 Mango Broccoli	10 Raspberries Corn	11 Pineapple Cauliflower	12 Blueberries Green Beans	13 Honeydew Melon Peas	14 Grapes Carrots
<b>CANNED</b>	15 Peaches Tomato	16 Pears Kidney Beans	17 Pineapple Green Olives	18 Mandarin Oranges Potatoes	19 Grapefruit Beets	20 Apricot Black Eyed Peas	21 Cherries Pumpkin
<b>DRIED</b>	22 Cranberries Wasabi Peas	23 Apricots Kale Chips	24 Dates Edamame	25 Almonds Green Peas	26 Coconut Celery	27 Golden Raisins Sweet Corn	28 Papaya Paprika
<b>100% JUICE</b>	29 Apple Carrot	30 Orange Tomato	1 Pineapple Celery	2 Cranberry Beet	3 Pomegranate Cucumber	4 Grape Veg Juice Blend	5 Lemon Veg/Fruit Juice Blend

## September 2014