

The background features vertical stripes in shades of orange and red. In the center, a large white circle with a red border contains the main text. Surrounding the circle are images of fresh produce: a glass of red juice, a bunch of purple grapes, a glass of white juice, a tomato, a bunch of carrots, and a glass of orange juice.

Easy Frozen Treat.
Freeze 100% juice
boxes and use as an
ice pack to keep
lunches cool.

— 100% Juice —

Limit daily juice intake to 4-6 oz for children 1-6 years old and up to 12 oz for anyone 7 years old or older.

FUEL UP WITH EVERY FORM

SEPTEMBER IS



MONTH